

Auspicious Thoughts, Propitious Mind by Richard Camden

For simplicities sake, we can take auspicious as referring to an objective we have, looking as if it's going to turn out well, and something that is propitious we can take as opportune, timely and promising of something beneficial. Many seek wealth and power, but these things do not bring happiness. Of course, we say what matters is to be happy but how to live and enjoy life, and to be happy is not at all clear. This book can inspire a thinking, an attitude in anyone seeking more contentment and happiness, that brings its own peace of mind.

The practical philosophy here offers readers a chance of a better understanding of life, of ourselves and others, the way our minds work and the traps that befall us. The relevance of our feral ancestral origins is explained, along with the many animal characteristics that persist in our lives today. Our anatomy and physiology is, of course, very animal, but also, so is our behaviour. The reader is introduced to the concept that our behaviour as individuals, and in groups, in society, and as nations, reflects the primitive tribal village mentality of our ancient forebears.

Much of the success in life comes as the result of decisions made, and the quality of those outcomes depends on any decision-making skills actually used at the time. Important among those skills is attitude, and so it is important to understand where attitudes come from, and how they can be changed, improved, and upgraded for success.

Almost every day, we use words without having a clear idea what their real meaning is, and that may compromise the listener's understanding. In his book, the author defines words like love, fate, God, and the Devil and explains clearly some long-established behavioural precepts such as the Seven Deadly Sins, the Eight Beatitudes and the Ten Commandments, and why their message is important to all, whether of any or no faith. An inborn primordial instinct questions if there is an after-life, and for both believers and non-believers, this book offers an acceptable answer that can suit anyone.

This book is an enjoyable read – possibly quite different to any kind of book the reader has ever experienced. Its aspects of practical philosophy and sociology can also be a reference for those whose role it is to help others achieve more happiness and contentment.

Please scroll down to see some reviews of this book and the titles of the 7 Parts and 40 Chapters.

Author's comment: -

*I hope you have found the information about *Auspicious Thoughts, Propitious Mind* interesting and intriguing enough to want to read my book and perhaps own a copy for yourself, for the uplift and encouragement it can give. The book comes in hard copy with an eye-catching cover. It is also a delightful book to hold in the hand and one that could earn a pride of place in any book collection.*

Richard Camden

Readers' Reviews

Reviews on Amazon Book Sales

<https://www.amazon.co.uk/Auspicious-Thoughts-Propitious-Richard-Camden/dp/1839520574>



4.0 out of 5 stars **A deeply thought out and insightful book**

9 November 2019

Wow! This book is an eye opening read about life and our existence here. Whatever your views about the world this looks at life in an open and honest way breaking down self-set beliefs and behaviours as well as looking at what life and death really mean. This book at times is a heavy read but also fascinating and you can see a lot of work and research has gone into it. The final words of the book are: -

Look after your teeth and look after your feet you'll need them both and always, always guard your tongue, it's the rudder that steers your course through life - I think that is the way I am going to live my life now and everything else can take care of itself.



4.0 out of 5 stars **An amazing book**

30 December 2019

I have never read such a book before. So thought provoking especially as one gets on in life. What is the purpose of life?-only to produce more life? Where is one's soul? Are all gods the same? I suggest you read this book to find the answers to life's questions.



4.0 out of 5 stars **Provocative vignettes that scaffold internal and external dialogue**

1 February 2020

Verified Purchase

Topics challenged me to analyse and debate my core beliefs and values.



Amazon Customer

5.0 out of 5 stars **A unique book that rewards the reader**

Reviewed in the United Kingdom on 16 July 2020

Verified Purchase

I would say that any author who is brave enough to attempt to define the meaning and purpose of life for us and define what love really is, deserves to be read and this book is well worth the effort to read - it doesn't just give you answers on a plate, it's thought provoking and combines the philosophical with the practical life experience of the author.

The introduction is long but get into the chapters and its very rewarding!



[5.0 out of 5 stars](#) Entertaining, thought provoking & insightful

Reviewed in the United Kingdom on 18 August 2020

This came to me as a present, and perhaps it was meant as a subtle message. It is not my preferred type of reading and I can't pretend I agree with all the author says, but I can see the wealth of experience within the pages and it is a good book that can help many who are looking for direction, guidance and development in their life. This book is quality and well worth the effort.



Independent bookshop sales and Social Media

By a Counsellor (MSc Psych).

There is an honesty in this book which I found refreshing, of where we have possibly gone wrong in today's society, and I liked the subtle rebelliousness on today's political correctness. It is thought provoking, but not too heavy either, and I have often chuckled out loud at some of the humorous comments.

It has a completely fresh take on what makes us tick, how to be happy etc. Instead of addressing one basic topic of how we can improve our well-being, it explores a wide range of factors that can ultimately improve who we are, and how all these factors collectively impact on our happiness.

Another thing I liked about the book is its unpredictability - I couldn't gauge what would be discussed next. It continued to spark my curiosity and drew me back again and again to wanting to read more - so important in a book, and often the downfall of many writers.

Genuinely a good thought-provoking read, and an applaudable literary style.



Parts and Chapters Index – Please see next page

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