

## Reviews and more about ...

### **Auspicious Thoughts, Propitious Mind by Richard Camden**

For simplicities sake, we can take auspicious to mean we think it looks as something is going to turn out well, and something that is propitious we can take as opportune, timely and promising of something beneficial. Wealth and power rarely bring happiness, contentment or peace of mind. This book can inspire a thinking, an attitude in anyone seeking more contentment and happiness, in short, the Greek philosophy of eudaimonia, meaning a general well-being. It is definitely a book for young aspiring adults; meaning before it's too late! It is a broad-based practical commentary on contemporary humanity, and although it has Christian content, it is very suitable for those of any or no faith.

When we look into ourselves as individuals and as societies, the how and why of language, religion, nations and their history of war and peace, the role of philosophy, psychology, literature, music and the arts, these are 'the humanities.' Many of our behavioural characteristics today still derive from our animal origins, and it is our prehistoric tribal instincts that drive our societal organisations, our businesses, and all the associations, clubs, cults and sects we choose to belong to. Our needs for comfort and to feel safe are also primeval, and those needs feed our acquisitiveness.

Apart from the invisible forces in the world such as gravity and magnetism, there is an empowering force that is universally available for us to draw upon, for a sense of the right, and of the just, and for anyone seeking betterment, enlightenment or just peace of mind. To atheists and believers alike, this force may be simply acknowledged as 'goodness,' but there is a need for a wider awareness and recognition of its existence and its power, especially the world leaders working for peace.

The book raises the matter of our existence, and the metaphysical concepts of religion in such a way that anyone may see more clearly what does, and what does not make sense to them about life's complexities and absurdities, witnessed every day, all around us, and in the world.

This book is an enjoyable read – possibly different to any kind of book the reader has ever experienced. This is a compendium on the subject of self-concept, a 'pocket' companion that the reader can enjoy and turn to again and again on their travels through life. Here is a tutorial on the 'psychology of self,' and 'self-awareness,' and so can be useful to those in business or HR management, and to those who help others achieve more happiness and contentment.

Please scroll down to see some reviews of this book and the titles of the 7 Parts and 40 Chapters.

Author's comment: -

*I hope you have found the information about Auspicious Thoughts, Propitious Mind interesting and intriguing enough to want to read my book and perhaps own a copy for yourself, for the uplift and encouragement it can give. The book comes in hard copy and e-book versions. The former has an eye-catching cover and is a delightful book to have in any book collection.*

*Richard Camden*

## Readers' Reviews

### Reviews on Amazon Book Sales

<https://www.amazon.co.uk/Auspicious-Thoughts-Propitious-Richard-Camden/dp/1839520574>



*4.0 out of 5 stars* **A deeply thought out and insightful book**

9 November 2019

Wow! This book is an eye opening read about life and our existence here. Whatever your views about the world this looks at life in an open and honest way breaking down self-set beliefs and behaviours as well as looking at what life and death really mean. This book at times is a heavy read but also fascinating and you can see a lot of work and research has gone into it. The final words of the book are: -

Look after your teeth and look after your feet you'll need them both and always, always guard your tongue, it's the rudder that steers your course through life - I think that is the way I am going to live my life now and everything else can take care of itself.



*4.0 out of 5 stars* **An amazing book**

30 December 2019

I have never read such a book before. So thought provoking especially as one gets on in life. What is the purpose of life?-only to produce more life? Where is one's soul? Are all gods the same? I suggest you read this book to find the answers to life's questions.



*4.0 out of 5 stars* **Provocative vignettes that scaffold internal and external dialogue**

1 February 2020

**Verified Purchase**

Topics challenged me to analyse and debate my core beliefs and values.



Amazon Customer

*5.0 out of 5 stars* **A unique book that rewards the reader**

Reviewed in the United Kingdom on 16 July 2020

Verified Purchase

I would say that any author who is brave enough to attempt to define the meaning and purpose of life for us and define what love really is, deserves to be read and this book is well worth the effort to read - it doesn't just give you answers on a plate, it's thought provoking and combines the philosophical with the practical life experience of the author.

The introduction is long but get into the chapters and its very rewarding!



[5.0 out of 5 stars](#) Entertaining, thought provoking & insightful

Reviewed in the United Kingdom on 18 August 2020

This came to me as a present, and perhaps it was meant as a subtle message. It is not my preferred type of reading and I can't pretend I agree with all the author says, but I can see the wealth of experience within the pages and it is a good book that can help many who are looking for direction, guidance and development in their life. This book is quality and well worth the effort.



Official Review: Auspicious Thoughts, Propitious Mind

by Christieeee » 31 Dec 2020, 15:20 [www.OnlineBookClub.org](http://www.OnlineBookClub.org)

In a world where peace seems elusive and negativity plagues a lot of us, Auspicious Thoughts, Propitious Mind by Richard Camden is an insightful work of nonfiction that can help us achieve maximum success by simplifying our thoughts. Maximum success, in this context, is not fast cars, mansions, and a fat bank account; it is peace of mind. The author presented, in 500 pages, so many ideas and words of wisdom that cut across religion, finance management, politics, and even exercising our bodies.

The author's primary message is that there is a God, and this God is the force for goodness in all of mankind. He summarized this in the quote: "In Omnibus Deum." The book, which is divided into seven parts, has messages in each part built upon this primary "fact." The author also presents good examples of everyday life, especially life in the UK, to help impress his points regarding life, religion, and spirituality. You should not read this piece in a rush. You must calmly analyze it and absorb it.

With 500 pages, there is a lot that this book contains that cannot be unpacked in even 1000 words. The author did a thorough job in compiling such complex thoughts about life in a relatively simplified manner. The author presented examples from history, the Bible, countries' relations with each other over the years. By using these examples, his messages were understandable and relatable. I must confess that it took me a while to get into the feel of this book, but once I got into it, I started thinking about the author's messages all the time! My favorite part was Part Four that talked about important numbers. For example, Number Three is good because it stands for the Trinity: God the Father, the Son, and the Holy Spirit.

I learned so much from this book that I'm glad to recommend it to anyone who wants to learn more about life and improve their thoughts. I always knew that watching my thoughts is important because they shape my mind, which in turn shapes my life. But this book showed me a different perspective on positive thinking and "goodliness." A message that stuck with me was about God being a force for good, and every good in the world comes from that force. The editing team also did an exceptional job, as I did not find any errors, which is an incredible feat considering its 210,000 words.

My rating for Auspicious Thoughts, Propitious Mind is 3 out of 4 stars. I removed a star because, while I loved the author's overall message, I did not like his tendency to make the sentences too wordy; this made me often lose sight of the point, and I had to reread many sentences to understand them. This problem affected my reading flow significantly. I suggest this piece to open-minded people that love to think critically about life and spirituality. You don't have to agree with all of the author's opinions.

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*Auspicious Thoughts, Propitious Mind*

View: [on Bookshelves](#)

## **Independent bookshop sales and Social Media**

### **By a Counsellor (MSc Psych).**

There is an honesty in this book which I found refreshing, of where we have possibly gone wrong in today's society, and I liked the subtle rebelliousness on today's political correctness.

It is thought provoking, but not too heavy either, and I have often chuckled out loud at some of the humorous comments.

It has a completely fresh take on what makes us tick, how to be happy etc. Instead of addressing one basic topic of how we can improve our well-being, it explores a wide range of factors that can ultimately improve who we are, and how all these factors collectively impact on our happiness.

Another thing I liked about the book is its unpredictability - I couldn't gauge what would be discussed next. It continued to spark my curiosity and drew me back again and again to wanting to read more - so important in a book, and often the downfall of many writers.

Genuinely a good thought-provoking read, and an applaudable literary style.



**Parts and Chapters Index – Please see next page**

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