## How can I book a place?

Contact your local Family Centre:

**East Newport Family Centre (Hub)** 

Pan Community Hub, Furrlongs, Newport, PO30 2AX

Tel: 01983 529208

**Ryde Family Centre (Hub)** 

George Street, Ryde, PO33 2JF

Tel: 01983 617617

**Sandown Family Centre (Hub)** 

The Fairway, Sandown, PO36 9EQ

Tel: 01983 408718

**Email**: iowfamilycentres@barnardos.org.uk **Facebook**: Isle of Wight Family Centres **Website**: www.isleofwightfamilycentres.org.uk









## Building Blocks for Toddlers Workshop via Zoom



Information for parents and carers



**Building Blocks for Toddlers** is a free, online workshop for parents/carers with children aged between nine months and three years.

The workshop is delivered over 2 weeks online and will cover Play, Talk, The Art of Praise and Encouragement, and Positive Discipline techniques to support parents in managing their child's behaviour.

These virtual sessions will be interactive and informative, and provide parents/carers with practical play ideas, and examples of resources that they can easily create at home.

## Who will be able to attend?

Parents who have a referral from a professional practitioner, or from Family Centre staff. Please call and speak to a staff member if you would like to self refer.

The workshop is for parents/carers only, and because childcare can be a bit tricky we have put it into an online workshop, so you can join from the comfort of your own home and not have to worry about organising childcare.

## What does the Workshop cover?

The workshop is delivered online via Zoom over 2 weeks. Each session is approximately 2 hours long.

This is what will be covered in each session:-

Session 1: Play promotes positive relationships & Promoting toddlers' language

Session 2: The art of praise and encouragement & Positive discipline and handling behaviour



If you require any further information, please contact us at one of the centres.