

How to get in touch and find out more

If you would like to know more about any of our courses you can contact your Family Hubs by phone, email or by visiting our website. You can book on to them by visiting our Eventbrite page or making a request through our website.

Building Blocks

2-week Online Workshop



West & Central Locality

Newport Family Hub
Furlongs, Newport,
PO30 2AX
01983 529 208

South Wight Locality

Sandown Family Hub
The Fairway, Sandown
PO36 9EQ
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North East Wight Locality

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Website: www.isleofwightfamilycentres.org.uk

Website



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Building Blocks for Toddlers is a **FREE**, online workshop for parents/carers with children aged between **9 months and 3 years old**.

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Workshop is a **FREE**, online workshop for parents/carers with children aged between **9 months and 3 years old**.

Being a parent/carer of a toddler can be tricky as they start to explore the world around them independently. This is when they may start showing challenging behaviour as they start to learn the boundaries.

These virtual sessions will be interactive and informative, and provide parents/carers with practical play ideas, and examples of resources that they can easily recreate at home.



What does the workshop cover?

The workshop is delivered **online via Teams** over **2 weeks**. Each session is approximately **2.5 hours** long. There are opportunities to ask questions and have group discussions if you would like to.

The following topics will be covered in Week 1:

- Promoting language development
- Play – stages of development and creative ways to use everyday household items to design fun, engaging activities that support children's learning and development.

Week 2:

- The art of praise and encouragement
- Positive parenting strategies and guiding behaviour



Families who have attended the course have told us:

"I have really enjoyed this course and the interaction with other mums and dads and the course leaders. Everyone has been really lovely and helpful. It has been good to see other people's strategies and advice. I would definitely recommend this course."

"Overall, I've learnt a lot about language and how to talk to our son. I have more knowledge on how to cope with various situations and behaviours - It's made me more mindful as a parent!"

Who will be able to attend?

The workshop is for parents/carers of children aged **9 months to 3 years old**.

We have put it into an **online workshop** so you can join from the comfort of your own home and not have to worry about organising childcare.

Research shows that parents who come together to do parenting groups get more out of the groups than if they had gone over the same material in their own homes. Knowing you are not alone in the challenges you are facing can be life changing.



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