

How to get in touch and find out more

If you would like to know more about any of our courses you can contact your Family Hubs by phone, email or by visiting our website. You can book on to them by visiting our Eventbrite page or making a request through our website.

West & Central Locality

Newport Family Hub
Furlongs, Newport,
PO30 2AX
01983 529 208

North East Wight Locality

Ryde Family Hub
George Street, Ryde,
PO33 2JF
01983 617 617

South Wight Locality

Sandown Family Hub
The Fairway, Sandown
PO36 9EQ
01983 408718

Email us: iowfamilycentres@barnardos.org.uk

Website: www.isleofwightfamilycentres.org.uk

Website



Facebook



Instagram



School Readiness Workshop

3 to 5 years



Barnardo's Registered Charity Nos. 216250 and SC037605
24423shc23

BARNARDOS

**BEST
START
IN LIFE**

**HEALTHY
BABIES**

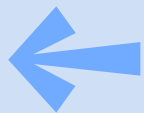
 **Isle of Wight
Council**

The School Readiness Workshop outlines what it means to be ready for school and practical ways you can support the transition for your child. This session covers understanding your child's emotions and brain development, providing a firm foundation for preparing your child to be ready to learn.

This 2-hour workshop is delivered online and face-to-face by experienced practitioner's who will guide you through what to expect in preparing your child, and yourself, for being ready for school.



[Scan or Click Here to](#)
[Contact us and](#)
[book a place](#)



This workshop will help your whole family to prepare and get ready for school life. It is based on the Five to Thrive approach, along with the UNICEF model:



During the workshop we'll look at:

- **Brain Development**
- **Emotional Preparation for children**
- **Communication and Language**
- **Learning at Home**
- **Play**
- **Early Independence**
- **Routines**
- **The Transition as a process**



A recent survey shows that 71% of parents feel anxious about their child starting school.

It is quite natural to feel this way