



From January 2024!

Welcome to the World

Welcome to the World is an 8-week programme for parents from 22 weeks of pregnancy. Delivered at the Family Hubs it will cover a variety of topics that will help give their baby the best possible start in life. Parents will improve their knowledge and skills in caring for a baby, learn the importance of their own wellbeing, develop the skills to help with bonding and reflect on their hopes for the future.



Scan the QR code for the Family Hubs Website or visit [Welcome To Isle Of Wight Family Centres : Isle Of Wight Family Centres](#)

