



**MR SIMON HORGAN**  
Consultant Ophthalmic Surgeon

**Correspondence Address:**  
Eye Health Care  
Carlton House  
19 West Street  
Epsom  
Surrey  
KT18 7RL

**Appointments & Enquiries:**

**T:** 020 7060 9911

[www.eyehealthcare.co.uk](http://www.eyehealthcare.co.uk)

**Practice Manager:**

Mrs Lorraine Williams

**T:** 020 7060 9911

**E:** [lorraine@eyehealthcare.co.uk](mailto:lorraine@eyehealthcare.co.uk)

**Practice Nurse:**

Mrs Anne Rumbelow RGN

**T:** 07900 99 33 59

## DERMAL FILLERS AFTERCARE INSTRUCTIONS

Post treatment, there may be some redness, swelling or tenderness at the treatment site. Occasionally some bruising may occur around the treated area; this is usually short term and will subside within a few days.

Lip treatments may take a little longer to settle. If any other reaction occurs or you have any concerns, please contact your practitioner.

Avoid wearing makeup post treatment for 12 hours; there is no need to massage this product unless instructed to do so by your practitioner.

Feel free to apply a cold compress to the area to reduce swelling.

Until the initial swelling or redness has resolved, do not use sunbeds, saunas, steam rooms and avoid extreme temperature for 7 days minimum. Always wear a high factor sunblock on your face.

If taking aspirin or similar medication, this may increase the risk of bruising and discolouration to the skin, at the injection site.

Finally, make sure you discuss your treatment programme with your practitioner, this will enable you to get the best results from your dermal filler.

**Practising out of:**

The New Malden Diagnostic Centre, 171 Clarence Avenue, New Malden, Surrey KT3 3TX

The London Eye Diagnostic Centre, 25 Harley Street, London W1G 9QN

Nuffield Health, Woking Hospital, Grange Road, Woking GU21 4BY

REAL Clinic, 25 Patcham Terrace, Nine Elms, Battersea, London SW8 4EX

GMC Registration Number: 3122882

Mr Simon Horgan Ltd - Company Number: 12814482