



MR SIMON HORGAN
Consultant Ophthalmic Surgeon

Correspondence Address:
Eye Health Care
Carlton House
19 West Street
Epsom
Surrey
KT18 7RL

Appointments & Enquiries:

T: 020 7060 9911

www.eyehealthcare.co.uk

Practice Manager:

Mrs Lorraine Williams

T: 020 7060 9911

E: lorraine@eyehealthcare.co.uk

Practice Nurse:

Mrs Anne Rumbelow RGN

T: 07900 99 33 59

PROFILO AFTERCARE INSTRUCTIONS

Post treatment, there may be some redness, swelling or tenderness at the treatment site. Occasionally some bruising may occur around the treated area; this is usually short term and will subside within a few days. You may also experience some lumps at the injection site which will subside by the next day usually.

Avoid touching the area for 6 hours and then only use a gentle cleanser to wash your face.

Avoid wearing makeup post treatment for 12 hours.

Avoid strenuous exercise post treatment for 12 hours.

Avoid sunbathing or extremes of heat (such as steam rooms or saunas) or cold for 14 days post treatment.

Avoid aspirin and alcohol for 12 – 48 hours post treatment.

Feel free to apply a cold compress to the area to reduce swelling.

It is advisable to always use a high factor sun block on your face

If taking aspirin or similar medication, this may increase the risk of bruising and discolouration to the skin, at the injection site.

You will achieve the best results by repeating your treatment after four weeks. After this you can repeat your treatment at four to six month intervals.

Practising out of:

The New Malden Diagnostic Centre, 171 Clarence Avenue, New Malden, Surrey KT3 3TX

The London Eye Diagnostic Centre, 25 Harley Street, London W1G 9QN

Nuffield Health, Woking Hospital, Grange Road, Woking GU21 4BY

REAL Clinic, 25 Patcham Terrace, Nine Elms, Battersea, London SW8 4EX

GMC Registration Number: 3122882

Mr Simon Horgan Ltd - Company Number: 12814482

