



Surrey Heartlands
Professional Skills
In Practice

The Autumn Programme 2024

Professional Skills in Practice is an online, education programme designed to provide the link between knowledge and practice in a fun, interprofessional learning environment. All sessions are proudly designed and delivered by Surrey Heartlands ICS partners to enrich and equip our future workforce with the tools needed to succeed.

The **Professional Skills** in Practice programme is open to all Health and Social Care Students on placement or newly qualified staff/preceptees working within Surrey Heartlands Integrated Care System. **To book a place click on the links below:-**

COURAGEOUS CONVERSATIONS in Practice 12th September 9.30am – 4pm

In this session you will consider challenge and collaboration in practice and learn techniques to help you find your voice and improve the way you work with others.

EMBEDDING INCLUSION in Practice 19th September 9.30am–4pm

Bringing inclusion to life, this session enables you to explore inequalities in health and social care and our own roles in securing a fairer society and workplace. You will learn tools to develop inclusive practice and devise an action plan to improve inclusion within your own workplace/service.

SKILLS FOR SUCCESS in Practice 3rd October 9.30am – 4pm

A wide-ranging course covering a range of practical skills including, time management, teamwork, leadership, supervision, and interviewing tips. This session will give you the tools you need to get the most out of your placement/job and be successful in meeting your personal career goals.

RESILIENCE in Practice 9th October 9.30am – 4pm

In this session you will examine the personal and professional challenges presented by the current health and social care environment and learn techniques to build personal and professional resilience. You will also have an opportunity to explore your responses to feedback and develop a personal well-being action plan.

PROFESSIONALISM in Practice 18th October 9.30am – 4pm

A fun interactive session which enables you to reflect on what constitutes professionalism in the modern health and social care environment, the impacts of professional and unprofessional behaviour and your own professional journey.

For more information contact camilla.ford1@nhs.net

Key Features of Professional Skills in Practice

- All training is brilliantly multi-professional and includes opportunities for learning and knowledge exchange between professions.
- Training takes place over one full day. It includes an online facilitated, interactive session in the morning, a self-directed learning task in the afternoon and finishes with a joint reflection.
- Certificates will be awarded following completion of the session.
- 97% of PSP attendees rate the quality of training as good/excellent.

What participants are saying about PSP training...



“It’s been an amazing session, truly empowering!”

“I thoroughly enjoyed all the sessions and have found them very useful.”

“The facilitators are engaging thought provoking and knowledgeable.”

“The most interactive virtual session I have ever attended.”