

# Impact of CARE in Participants' Words



Since I completed the course, I successfully interviewed for the Lead Practice Nurse role at our practice. I am now a line manager to six members of staff, working closely with the Lead Nurse to develop my skills. **I honestly can say the CARE Programme helped me gain the confidence to apply and interview for this role.**

**Danielle Townsend**

*Lead Practice Nurse*

The CARE programme helped develop me as a leader and increase my confidence to **be able to develop my career in a way I hadn't envisaged.** I was very shy and lacked confidence before the course but through learning more about myself and how I perceive others, and how they perceive me, I felt more equipped to be able to really think about what I wanted and how to achieve it. I felt **better able to connect with people and support the teams around me.** This has led me to be able to be more creative with the ideas I have as I know I have the power to influence change by engaging people.

**Kirsty Shanley**

*BLMK GPN Lead*

After nearly 40 years of working in the care sector, this is the very first time I have had **supported leadership training** towards innovation and integrated working. Everyone should have access to this course – NHS or not, as it offers **networking opportunities** to share experiences and best practice, enabling better patient care. An excellent component of the course is the **ongoing mentorship** that is on offer – this is a gold standard that puts any other course in the shade.

**Dawn Osborn**

*Social Prescriber – GP Link Worker*