



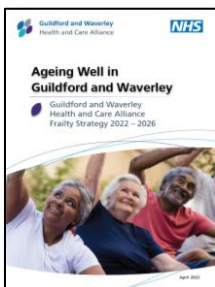
Guildford & Waverley Frailty Academy

Welcome



Dr James Adams, Consultant Geriatrician, Frailty Academy chair, Chief of Service for Frailty and Community Services at Royal Surrey.

“Welcome to the Frailty Academy. We have extensive education and training available for you, no matter what your level of training in older people’s care is. We really want everyone to be frailty aware and we are committed to developing our people in to the best that they can be through our development programmes. So come and be part of something special!”



Guildford and Waverley Frailty Strategy

In Guildford & Waverley, health, social care and voluntary services have come together and agreed ambitions to support the population to age well. These have been encapsulated in our Frailty Strategy.

Our Frailty Academy is delivering one of these ambitions - to ensure staff have the skills and knowledge in frailty to provide the best care for our older population.

NHS Frailty Framework of Core Capabilities

Nationally, we have the NHS Frailty Framework of Core Capabilities. This defines an approach to care that builds upon the strengths of individuals, families and communities, and helps make the most of every contact an older person has with health, care or other services. It sets out competency levels in 3 tiers as follows:

- ✦ **Tier 1:** Those that require general awareness of frailty.
- ✦ **Tier 2:** Health and social care staff and others who regularly work with people living with frailty but who would seek support from others for complex management or decision-making.
- ✦ **Tier 3:** Health, social care and other professionals with a high degree of autonomy, able to provide care in complex situations and who may also lead services for people living with frailty





Frailty Awareness (tier 1) training is for all those working in health, social care and other services who have contact with people with frailty including those who will go on to further training at tiers 2 and 3. Staff working in the Royal Surrey can complete this on MyLearning.

Other services have adopted the Frailty Academy training eg. SECAMB or offer other frailty awareness training. Frailty tier 1 training is available on the [e-learning for healthcare website](#).



Frailty Champions (tier 2) training is available as a 4 month course of 16 sessions taking place each Tuesday 1pm to 2pm. Each session is delivered by a subject matter expert.

- * All clinical staff in Ageing & Health are expected to complete Frailty Champions training.
- * New doctors to the department will automatically be enrolled on the training.
- * All other staff are welcome to join. Please [email the Frailty Academy manager](#) to receive details.

Concept of Frailty	Skin integrity	Polypharmacy
Nutrition and Swallow	Anxiety and Depression	Continence
Falls	Parkinson's disease	Ageing well and social prescribing
Dementia and delirium	Stroke	Anticipatory care and palliative care
MSK	MDT	National policy
Train the trainer		

Frailty Experts (tier 3) is currently being delivered alongside a structured programme for our Advance Clinical Practitioners (ACPs).



[Frailty Academy webpages](#)



Other learning resources are available. Check out the fabulous MDTea Podcasts and listen to your choice of subject in a 30 minute discussion.



Contact us:

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