

# Practice Nurse IPC Forum

**Speakers:**

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# Agenda

- Remembering the basics of IPC
- Cold Chain incident: Moira Murry Divisional Lead Nurse, Modality East Surrey, Birchwood Medical Practice
- Getting staff engaged in IPC training – Cludo? Melisa Yeardley, The Mill Medical Practice
- National Cleaning Standards update: Erika Bowker, Quality Lead Primary Care ICB





## IPC Guidance – keeping up to date :

- National IPC Manual V2.6 online: [NHS England » National infection prevention and control manual \(NIPCM\) for England](#)
  - Version history will show you what changes have been made in the updated version : [NHS England » Version history](#)





**Let's not forget the basics – Standard Infection Control Precautions are an essential part of day-to-day practice ( for ALL staff)**

- [NHS England » Chapter 1: Standard infection control precautions \(SICPs\)](#)
- Top Tips for staying well this winter:
  - Workstation Hygiene
  - Respiratory hygiene
  - GI illness – follow policy
  - Hand Hygiene







# Think about how many hands touch a workstation in one day :

## Workstation hygiene:

- Use a combined detergent and disinfectant wipe (e.g. Green Clinell or similar) to clean your keyboard, mouse, telephone and headset at the beginning and end of each shift/ working day. *(Remember to use 1 wipe per surface (do not clean multiple surfaces with the same wipe)*
- Clean using an “S” shape motion to avoid cross contamination
- Allow at least 60 seconds contact time and allow the surfaces to air dry
- Keep your workstation clutter free and clear away personal items at the end of each day. This will ensure that the workstation area can be cleaned properly
- Avoid consuming food at your workstation:
- If there is no alternative – clean your workstation and wash your hands before eating. Avoid touching any workstation equipment or mobile devices whilst you are eating





# Hands are the most efficient way to spread infections:

## Hand Hygiene:

- Wash hands with soap and water for at least 20 seconds:
  - On arrival at work
  - After cleaning your workstation
  - After using the toilet
  - After coughing/ sneezing into a tissue
  - Before and after using PPE
  - Before and after refreshment breaks
  - Before preparing food





## Making IPC training - not boring!



Melisa from the Mill Medical Practice great ideas:

- Cludo - IPC style
- Question of IPC (Sport!)
- Who wants to be top in IPC (Millionaire!)
- Crime scene – clinical room – spot the IPC issues – actual or visual
- Pictionary (draw the answers to IPC questions)
- Do festive themed IPC quiz & handwashing audit if you plan to have food!
- Use the UVA glow in the dark powder (on amazon) with UV torch
- Use anything to liven it up and to get GP engagement!







# National Cleaning Standards in Primary Care - update

- These apply in Primary Care: [NHS England » National Standards of Healthcare Cleanliness 2021](https://www.nhs.uk/england/national-standards-of-healthcare-cleanliness-2021)  
<https://www.ahcp.co.uk/wp-content/uploads/NRLS-0949-Healthcare-clea-ng-manual-2009-06-v1.pdf>
- Currently national work in designing a tool to support implementation in Primary Care (waiting for National team to approve / upload onto the website above)

However, as a minimum to meet CQC standards you need:

- A Cleaning contract which details cleaning schedules, including frequency, methods & products used
- Regular (suggest monthly) cleaning audits where the cleaning schedule is audited to check the cleaning has been carried out to a suitable standard
- Clinical cleaning logs – daily / sessional signing by all clinicians to verify equipment used between each patient is cleaned
- Cleaning / decontamination schedules and documentation for specialist equipment used e.g., spirometry, micro suction machinery etc.

On my practice visits I see dust on high (top of curtain rails, door frames) and low surfaces (skirting boards, couch frames) – make sure these areas included on any cleaning audits!





# Bookings for all IPC Forum dates for this year

- These have now been added to Eventbrite and also added to the Surrey Training Hub website. It is on a page that is linked under the “Training Courses” page - link below:
- [Infection Prevention Control Forum : Surrey Training Hub](#)
- [Handy references:](#)
- [GP mythbuster 17: Vaccine storage and fridges in GP practices - Care Quality Commission \(cqc.org.uk\)](#)
- [NG152 Leg ulcer infection: antimicrobial prescribing visual summary \(nice.org.uk\)](#)





# Topics for next Forum?

- Please send suggestions to:

[syheartlandsicb.shipc@nhs.net](mailto:syheartlandsicb.shipc@nhs.net)

We would particularly like to hear from you about these topics below:

- Implementation of skin prep guidelines, prior to venepuncture
- Wound clinics- leg ulcer management ( leg washing, escalation of wounds that are failing to heal etc)
- Engaging GP colleagues with IPC
- Managing patient monitoring equipment from a cleaning & disinfection perspective- i.e., BP machines in reception

Thankyou for your continued support to achieve continuous IPC improvements within the Primary Care setting

