



# Surrey Training Hub

WHATS ON | ISSUE 8 | NOVEMBER 2023

## Welcome

Surrey Training Hub is your 'go to' place for any information about primary care workforce, education, training and development.

### National events - 2023

Decembeard - Bowel cancer awareness month for men:  
1st - 31st Dec

National Grief Awareness Week:  
2nd - 8th Dec

National Workplace Day of Remembrance - 12th Dec

Please click on the below box for:

[More Info](#)



### Protected Learning Time (PLT) Application Process (click for more)

As of June last year, the application process for individual GP surgery closures changed. Please ensure that you are using the most recent application form and that you are aware of the cover times.



# Clinical Training

## **Diabetes Awareness For Unregistered Staff New to Role**

<https://www.eventbrite.co.uk/e/639240263837?aff=oddttdtcreator>

5th December 2023 9:30 – 12:30. Diabetes Awareness For Unregistered Staff New to Role (Virtual).



## **Diabetes Awareness for Experienced Unregistered Staff (13:30 – 16:30)**

<https://www.eventbrite.co.uk/e/726003555177?aff=oddttdtcreator>

6th December 2023 13:30 – 16:30. Diabetes Awareness for Experienced Unregistered Staff (Virtual)

## **Asthma & COPD Update For Unregistered Staff**

<https://www.eventbrite.co.uk/e/616449486007?aff=oddttdtcreator>

7th December 2023 9:30 – 12:30. Asthma & COPD Update For Unregistered Staff (Virtual).

## **Asthma & COPD Foundation For Registered Clinicians (3 Half Days)**

<https://www.eventbrite.co.uk/e/706723758787?aff=oddttdtcreator>

12th, 13th & 14th December 9:30 – 13:00. Asthma & COPD Training for New GPNs and HCPs in a similar role (Virtual).

## **Leg Ulcer Management for Registered Staff & HCA's**

<https://www.eventbrite.co.uk/e/717106834847?aff=oddttdtcreator>

13th December 2023 13:00 - 16:30. Leg Ulcer Management for Registered Staff & HCA's (Virtual).

# Clinical Training

## **Foundation Immunisation (2 DAY) For GPNs & NAs (Incl Childhood Imms)**

<https://www.eventbrite.co.uk/e/749952456987?aff=oddtcreator>

3rd & 4th January 2024 9:30 – 16:00. Foundation Immunisation (2 DAY) For GPNs & NAs (Incl Childhood Imms) - Virtual

## **Diabetic Foot Checks**

<https://www.eventbrite.co.uk/e/727361928107?aff=oddtcreator>

9th January 2024 14:00 – 15:30. Diabetic Foot Checks for All Staff (Virtual).

## **Performing ECG for HCAs**

<https://www.eventbrite.co.uk/e/727372931017?aff=oddtcreator>

17th January 2024 11:00 – 12:30. Performing ECG for HCAs (Virtual).

## **Primary Care IPC Forum**

<https://www.eventbrite.co.uk/e/660444436087?aff=oddtcreator>

17th January 2024 12:30 – 13:45. Primary Care IPC Forum (Virtual).

## **Basic Wound Care for HCAs**

<https://www.eventbrite.co.uk/e/741993631927?aff=oddtcreator>

23rd January 2024 13:30 – 15:30. Basic Wound Care for HCAs – Virtual

# Clinical Training

## Ear Irrigation Foundation Training for Registered Nurses

<https://www.eventbrite.co.uk/e/726008389637?aff=oddtcreator>

24th January 2024 9:30 – 16:30. Ear Irrigation Foundation Training for Registered Nurses (Face to Face, Surrey Sports Park).



## Wound Care for GPN's

<https://www.eventbrite.co.uk/e/717083715697?aff=oddtcreator>

1st February 2024 14:00 – 16:00. Wound Care for GPN's – Virtual

## Immunisation Training (2 DAY) for HCAs, Paramedics & Pharmacists

<https://www.eventbrite.co.uk/e/749943129087?aff=oddtcreator>

15th & 16th February 2024. Immunisation Training (2 DAY) for HCAs, Paramedics & Pharmacists – Virtual

## Immunisation Update Training for HCAs, Paramedics & Pharmacists

<https://www.eventbrite.co.uk/e/749962838037?aff=oddtcreator>

28th February 2024 9:30 – 16:30. Immunisation Update Training for HCAs, Paramedics & Pharmacists

## GPN National Update: Monthly Webinar

This webinar is scheduled to take place on **01 December 2023 from 13:00 – 14:00 via Microsoft Teams.**

Jointly run by NHS England, National Association of Primary Care (NAPC) and the Royal College of Nursing (RCN).

**We encourage all nurses working in General Practice to join us as an opportunity to share best practice and for your voice to be heard by the national team.**

The [RCN GPN forum](#) are delighted to welcome you to this webinar. Microsoft Teams meeting: [HERE](#)

The next webinar is scheduled to take place on **05 January 2024 from 13:00 – 14:00 via Microsoft Teams.** Microsoft Teams meeting: [HERE](#)



# Clinical Training

## NHS funded Community Pharmacy training offers

New, fully funded, flexible training for community pharmacists is now available to help expand your clinical skills and improve patient care:

[Community Pharmacy Training Page](#)



## National Education and Training Survey (NETS)

<https://poll.hee.nhs.uk/s/nets23/>

NETS is now open to all undergraduate and postgraduate students and doctors who are undertaking a practice placement or training post. It's an opportunity to understand the experience of students and those in training. Click here (<https://poll.hee.nhs.uk/s/nets23/>) to access the 10 minute survey which closes on **28 November 2023**.

## Get supported with IP training with the Surrey Heartlands Scheme

Develop community pharmacist Independent Prescribers (IPs) through providing a funding contribution for the supervision (DPP) element of the training. Funding contribution of £2,600 will be paid to the DPP's employer to support.

FOR MORE INFORMATION CONTACT: [rachel.mackay3@nhs.net](mailto:rachel.mackay3@nhs.net)

## Become a DPP Change of mindset to think about "Pay it forward" in support of future IPs

What is a DPP? A Designated Prescribing Practitioner (DPP) is a workplace-based supervisor who supports the pharmacist in the experiential part of the prescribing course (called Learning in Practice). The role of a DPP is to oversee, support and assess the competence of Independent Prescribing trainees, in collaboration with academic and workplace partners, during the period of learning in practice.

FOR MORE INFORMATION CONTACT: [rachel.mackay3@nhs.net](mailto:rachel.mackay3@nhs.net)

# Clinical Training

## Oviva

Oviva have been commissioned by NHSE to provide a Type 2 Diabetes Path to Remission programme for patients. Below are resources and information for both patients and healthcare professionals in order to get started:

## NHSE Type 2 Diabetes Path to Remission Programme

### Excerpt for introductory communications about Oviva

#### Who are Oviva?

Oviva is a digitally-enabled behaviour change company. Our team of specialist healthcare professionals combined with our unique digital tools support patients to improve their health and better self-manage their condition.

Oviva is a trusted NHS partner, with extensive experience in delivering Diabetes and Obesity services since 2014, having supported over 2000 patients on the NHS Type 2 Diabetes Path to Remission (formerly Low Calorie Diet) Programme since its launch.

#### What is the NHS Type 2 Diabetes Remission Programme delivered by Oviva?

The NHS Type 2 Diabetes Path to Remission Programme is a 12 month programme to support people living with Type 2 diabetes to achieve weight loss and a healthier lifestyle. This will enable them to better control their blood sugar levels – reducing the need for diabetes-related medication and potentially achieving remission of their type 2 diabetes. All participants will receive one-to-one support, either digital one-to-one or in-person one-to-one support.

#### NHS T2DR Programme resource links

● Patient facing web page:

[T2DR patient facing web page](#)

● Patient facing information video:

[T2DR patient information video](#)

● Healthcare professionals' monthly drop-in session on the second Tuesday of the month @ 1pm: [Click here to join the meeting](#)

● Healthcare professionals' webpage where you can find resources, latest information and events

[T2DR HCP facing web page](#)

● Training webinars:

Long form video: <https://youtu.be/ePqZ4tbHOas>

Short form video: <https://youtu.be/3yjmXYgWftg>

Medication adjustments video: <https://youtu.be/lw2cNAbugwE>



# Non-Clinical Training

## Induction Session for Multi-Professionals New to Primary Care (Sessions run monthly starting from June-December 2023)

### Our Aim:

To provide a supportive and informative environment through ongoing sessions for individuals entering the field of Primary Care.

### Who is it For:

The session is designed for staff who are new to Primary Care, specifically targeting those who have recently started their positions. However, we believe that even staff members who have been in their roles for a few months may also benefit from participating. Sessions are to complement your local induction at practice level.

### The programme includes:

- Introduction to Primary Care
- How the Training Hub supports you – booking training, funding, meet the team
- Population Health & Health Inequalities
- Introduction to Equality, Diversity & Inclusion
- Library & Knowledge Services
- Whistle Blowing Policy
- Health & Wellbeing Awareness

### To Book:

[Click here to book onto a session](#)



# Non-Clinical Training

## GPA

Expressions of interest open for the next GPA Cohort beginning 2023

[EOI General Practice Assistant](#)



GPA framework is an experiential course that is led by a GP in practice. The training course is a six month practical course, delivered in practice by a GP mentor.

[For more information click the link](#)

## Making Every Contact Count Train the Trainer Programme (MECC)

Making Every Contact Count is an approach to behaviour change that uses the millions of day-to-day interactions that organisations and people have with other people to support them in making positive changes to their physical and mental health and wellbeing.

Surrey County Council's Making Every Contact Count (MECC) 2 day Train the Trainer Programme is free of charge and aims to equip participants with the knowledge, skills and confidence to deliver MECC Level 1 training within their own organisation. Upon completion, participants must commit to organising and delivering a minimum of three MECC Level 1 training sessions each year.

If you would like to register or wish to nominate a member of your team to take part, please complete the [registration form](#).

## 'Taking Care of Primary Care: 5 Ways to Nature Connection for Workplace Wellbeing with NatureWell'.

FREE COURSE! Join Wild Gathering CIC for 3 hours, once a week for 3 weeks to experience the health & wellbeing benefits of nature connection for health professionals at work.

Click here for further details:

<https://www.surreytraininghub.co.uk/taking-care-of-primary-care-wellbeing-with-naturewell>



# Non-Clinical Training

## Coffee and Chat - Care Experienced (Children Looked After / Care Leavers)

This week is [National Care Leavers' Week - Become \(becomecharity.org.uk\)](https://becomecharity.org.uk) so a perfect time to tell you about the next in our fantastic series of Coffee and Chats.

We are excited to share with you that the next topic we will be exploring is **Care Experienced (Children Looked After / Care Leavers)** taking place on **Wednesday 22 November from 12:00 – 13:30**.

To find out more please do click on the link below.

[Coffee and Chat - Care Experienced \(Children Looked After/Care Leavers\) - Surrey Youth Focus](#)

This session is for any colleague working in the children's system – so whether you are a front line practitioner/therapist/volunteer or a service manager this session is for you.

[Book now](#) to secure your place – and why not check out our previous coffee and chats on our [YouTube playlist](#)





# Non-Clinical Training

## The Financial Impacts of Cancer, Cancer - Long Term Effects of Cancer Series

Explore the possible financial impacts of cancer and what support is available to help.

<https://www.eventbrite.co.uk/e/704445544587?aff=oddtcreator>

## Macmillan Cancer Pathway Interface Programme – On Demand Webinar Collection

[Macmillan Cancer Pathway Interface Programme - YouTube](#)

Catch up or rewatch our recent webinars on all things cancer CPD.



## Free physical activity awareness training from Active Surrey - Wednesday 6 December:

### 10am – 11am: 'Helping People Become More Active' physical activity awareness training.

This training, accredited by the CPD Certification Service, covers the importance and benefits to all adults of being active, shares national guidelines and tips, positive conversation skills, free national resources and local signposting opportunities. To secure your place [book now](#).

### 12:30pm – 1:30pm: 'Living Longer Better' physical activity awareness training.

Moving more and sitting less has considerable health benefits for older people. This version of our physical activity awareness training is ideal for professionals who exclusively work with older people. To find out more and secure your place [book now](#).



# Funding

## Funding available for Continued Professional Development CPD

CPD funding and support (up to £1000) is available for both clinical and non clinical staff working in Primary Care.

[Apply Now](#)



## Further information on funding

Please refer to the Learning and Development tab from our website:

<https://www.surreytraininghub.co.uk/>



# Funding

## Cause to celebrate!

The Surrey Training Hub are very excited to congratulate Victoria Laker from Cranleigh Medical Practice, Amber Lay from Sunny Mead Surgery and Alexandra Perkins from Leatherhead PCN who have recently achieved their Nursing Associate Foundation Degree.

Their qualifications have been gained through the Trainee Nursing Associate Apprenticeship route, with a lot of hard work and time from the Graduates and their employers, we hope they will now have time to enjoy the fruits of their labours and continue to develop in their new roles.

The nursing Associate role helps bridge the gap between an HCA and a Registered Nurse. The role contributes to the core work of nursing and is a stand alone role that also provides a progressive route on to graduate level nursing.

If you would like more information about the Nursing Associate role or how to access the training please contact:

[penny.smith1@nhs.net](mailto:penny.smith1@nhs.net) or

[syheartlandsicb.surreytraininghub@nhs.net](mailto:syheartlandsicb.surreytraininghub@nhs.net)

Additional information is also available from

[Nursing Associate \(NA\) : Surrey Training Hub](#)

## GPN Fellowship

We are looking for a new cohort to join our GPN Fellowship, aimed at newly qualified or new to primary care General Practice Nurses. Click on the link for further information and application. Deadline: 5 January 2024.

<https://www.surreytraininghub.co.uk/fellowships#GPN>



# Leadership

## Leadership and Management Bitesize Sessions

The Kent and Medway Training Hub have kindly opened up some spaces for Primary Care staff in Surrey to access some of their virtual learning series that are designed to offer you short bursts of information, learning and practical knowledge. From conflict management to using a coaching approach with people, team development and population health management to increasing your personal productivity.

### Coming up (November)

#### Already taken place:

07/11 HR Managing Performance - getting it right from the kick off!

09/11 Population Health - all your need to know, Session delivered by Dr Steve Laitner

09/11 Maximising Inclusion in Primary Care

16/11 Coaching approach to supporting line management

#### To take place:

22/11 Motivation - Keeping your Practice Staff Motivated

28/11 Managing Absence in your Practice (The Business of Primary Care, supporting HR)

#### Find out more:

Spaces are limited so book your place and share with colleagues:

<https://kmpctraininghub.nhs.uk/bitesizesessions>



# Leadership

## CARE Leadership Development Programme 2024

CARE is a learning and development programme that empowers all primary and community staff to play a key role within their local practices, primary care networks and neighbourhoods, to shape services based on population health needs and to strengthen their leadership. Focussing on wellbeing and building and harnessing resilience, the programme connects staff working in primary and community care supporting joined-up, multi-professional working.

Come to our [engagement event](#) to find out more: Wednesday 29th November 12.30-1pm and join the cohort starting on Thursdays 9.30-11.30am from 1st Feb – 28th Mar 2024. Please email [care@napc.co.uk](mailto:care@napc.co.uk) to register your interest.



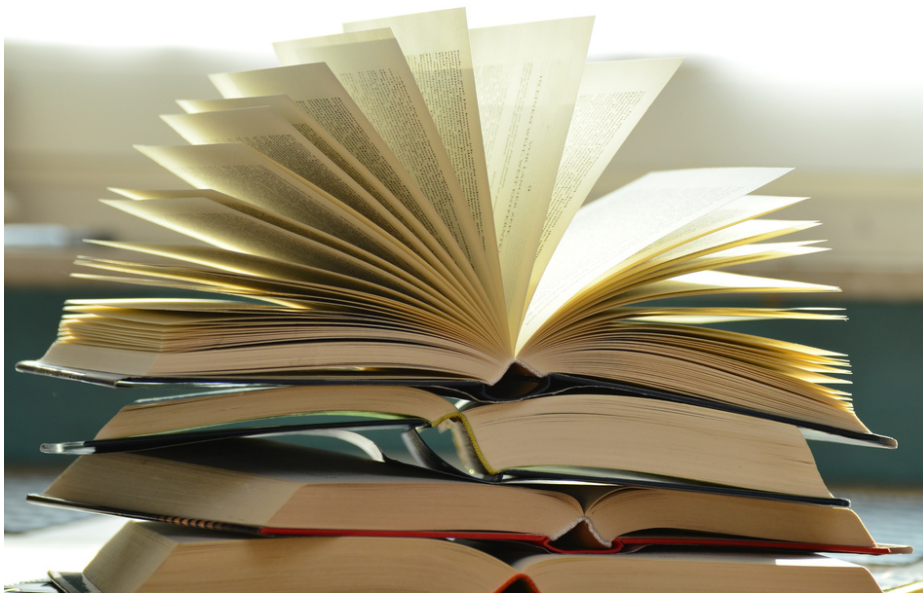


# Further Resources

## Resources

### Your Evidence Librarians

Your Evidence Librarian, Kerry Seelhoff, can source relevant evidence for you to save you time & effort. Request an Evidence Search here or email [Kerry.Seelhoff@nhs.net](mailto:Kerry.Seelhoff@nhs.net)



### Submitting an article for December 2023

If you wish to submit an article for consideration in the December Training Hub Newsletter, please do so by 10am, on Tuesday the 12th December to: [syheartlandsicb.surreytraininghub@nhs.net](mailto:syheartlandsicb.surreytraininghub@nhs.net)

Thank you for reading,  
Surrey Training Hub team





# Meet the Team

## Spotlight on: Sue Roberts

### Training Hub Business Administrator

#### 1. What does your job involve?

I am responsible for organising meetings within the team, as well as, wider team meetings that include senior management with partners and stakeholders within Surrey Heartlands.

I create agenda's, take minutes/update action logs, respond to enquiries that we receive in our generic inbox, manage our social media platforms, and write the Training Hub monthly newsletter that you are reading now!

#### 2. How long have you worked in the NHS/Training Hub.

I joined the Training Hub in July 2019. I have gained so much knowledge and experience over the last 4 years which I have found so rewarding as in my previous roles, I have always worked for private organisations, ranging from being a Children's Day Nursery Manager for 5 years and after that, moving into a variety of sales roles for 8 years, before starting a new challenge in the public sector within The Training Hub, part of the NHS.

#### 3. What is your favourite book or song?

Favourite song: Ed Sheeran - Perfect, as this was my wedding song so it holds a lot of great memories!

#### 4. Favourite holiday destination?

South of Spain, the Costa del sol, but I also do love Cape Town in South Africa and Italy!

#### 5. Dog or cat person?

I love both, we don't have either at home currently, but I had a cat when I was a child and would love to own a dog in the future.

All monthly newsletters can be found on our website, please click here to view:

<https://www.surreytraininghub.co.uk/newsletter-e-bulletins>

