



Surrey Training Hub

WHATS ON | ISSUE 9 | DECEMBER 2023

Welcome

Surrey Training Hub is your 'go to' place for any information about primary care workforce, education, training and development.

National events - 2024

Dry January: 1st - 31st Jan

Cervical Cancer Prevention Week: 22nd Jan - 28th Jan

Holocaust Memorial Day - 27th Jan

Please click on the below box for:

More Info





Protected Learning Time (PLT) Application Process (click for more)

As of June 2022, the application process for individual GP surgery closures changed. Please ensure that you are using the most recent application form and that you are aware of the cover times.

Foundation Immunisation (2 DAY) For GPNs & NAs (Incl Childhood Imms)

https://www.eventbrite.co.uk/e/749952456987?aff=oddtdtcreator

3rd & 4th January 2024 9:30 – 16:00. Foundation Immunisation (2 DAY) For GPNs & NAs (Incl Childhood Imms) - Virtual



Diabetic Foot Checks

https://www.eventbrite.co.uk/e/727361928107?aff=oddtdtcreator

9th January 2024 14:00 – 15:30. Diabetic Foot Checks for All Staff (Virtual).

Performing ECG for HCAs

https://www.eventbrite.co.uk/e/727372931017?aff=oddtdtcreator

17th January 2024 11:00 – 12:30. Performing ECG for HCAs (Virtual).

Primary Care IPC Forum

https://www.eventbrite.co.uk/e/660444436087?aff=oddtdtcreator_

<u> 17th January 2024 12:30 – 13:45. Primary Care IPC Forum (Virtual).</u>

Basic Wound Care for HCAs

https://www.eventbrite.co.uk/e/741993631927?aff=oddtdtcreator_

23rd January 2024 13:30 – 15:30. Basic Wound Care for HCAs – Virtual

Ear Irrigation Foundation Training for Registered Nurses





24th January 2024 9:30 – 16:30. Ear Irrigation Foundation Training for Registered Nurses (Face to Face, Surrey Sports Park).

Immunisation Training (2 DAY) for HCAs, Paramedics & Pharmacists

https://www.eventbrite.co.uk/e/749943129087?aff=oddtdtcreator

15th & 16th February 2024. Immunisation Training (2 DAY) for HCAs, Paramedics & Pharmacists – Virtual

Spirometry Training - NEW FACE TO FACE DATES

https://www.surreytraininghub.co.uk/spirometry-interpretation

19th & 20th February 2024 Spirometry Training NEW FACE TO FACE DATES



Immunisation Update Training for HCAs, Paramedics & Pharmacists

https://www.eventbrite.co.uk/e/749962838037?aff=oddtdtcreator_

28th February 2024 9:30 – 16:30. Immunisation Update Training for HCAs, Paramedics & Pharmacists

Immunisation Update Training for Nurses & NAs

https://www.eventbrite.co.uk/e/749956990547?aff=oddtdtcreator

29th February 2024 9:30 – 16:30 Immunisation Update Training for Nurses & Nas – Virtual

Venepuncture For All Whom Appropriate To The Role

https://www.eventbrite.co.uk/e/753198606307?aff=oddtdtcreator



12th March 2024 13:30 – 16:30 Venepuncture For All Whom Appropriate To The Role – Face to Face

Wound Care for GPNs

https://www.eventbrite.co.uk/e/769127259337?aff=oddtdtcreator

12th March 2024 10:00 -12:00 Wound Care for GPNs – Virtual

Asthma & COPD Update for registered clinicians

https://www.eventbrite.co.uk/e/760310006697?aff=oddtdtcreator

19th March 2024 9:30 – 13:30 Asthma & COPD Update for registered clinicians – Virtual

Compression Bandaging Theory For HCA's

https://www.eventbrite.co.uk/e/769098794197?aff=oddtdtcreator

27th March 2024 13:30 – 16:30 Compression Bandaging Theory For HCA's – Virtual



NHS funded Community Pharmacy training offers



New, fully funded, flexible training for community pharmacists is now available to help expand your clinical skills and improve patient care:

Community Pharmacy Training Page

Get supported with IP training with the Surrey Heartlands Scheme

Develop community pharmacist Independent Prescribers (IPs) through providing a funding contribution for the supervision (DPP) element of the training. Funding contribution of £2,600 will be paid to the DPP's employer to support.

FOR MORE INFORMATION CONTACT: rachel.mackay3@nhs.net

Become a DPP Change of mindset to think about "Pay it forward" in support of future IPs

What is a DPP? A Designated Prescribing Practitioner (DPP) is a workplace-based supervisor who supports the pharmacist in the experiential part of the prescribing course (called Learning in Practice). The role of a DPP is to oversee, support and assess the competence of Independent Prescribing trainees, in collaboration with academic and workplace partners, during the period of learning in practice.

FOR MORE INFORMATION CONTACT: rachel.mackay3@nhs.net





Our Aim:

To provide a supportive and informative environment through ongoing sessions for individuals entering the field of Primary Care in Surrey.

Who is it For:

The session is designed for staff who are new to Primary Care, specifically targeting those who have recently started their positions. However, we believe that even staff members who have been in their roles for a few months or even staff who would just like to know what is on offer within Surrey, may also benefit from participating. Sessions are to complement your local induction at practice level...

The programme includes:

- Introduction to Primary Care
- How the Training Hub supports you booking training, funding, meet the team
- Population Health & Health Inequalities
- Introduction to Equality, Diversity & Inclusion
- Library & Knowledge Services
- Whistle Blowing Policy
- Health & Wellbeing Awareness

Dates/Time:

31 January 2024-10am, 29 May 2024-10am, 25 September 2024-10am, 11th December 2024-10am



To Book:

www.eventbrite.co.uk/e/surrey-training-hub-introduction-tickets-776160546087

GPA

Expressions of interest open for the next GPA Cohort beginning 2024 EOI General Practice Assistant



GPA framework is an experiential course that is led by a GP in practice. The training course is a six month practical course, delivered in practice by a GP mentor.

For more information click the link

Making Every Contact Count Train the Trainer Programme (MECC)

Making Every Contact Count is an approach to behaviour change that uses the millions of day-to-day interactions that organisations and people have with other people to support them in making positive changes to their physical and mental health and wellbeing.

Surrey County Council's Making Every Contact Count (MECC) 2 day Train the Trainer Programme is free of charge and aims to equip participants with the knowledge, skills and confidence to deliver MECC Level 1 training within their own organisation. Upon completion, participants must commit to organising and delivering a minimum of three MECC Level 1 training sessions each year.

If you would like to register or wish to nominate a member of your team to take part, please complete the <u>registration form</u>.

Taking Care of Primary Care: 5 Ways to Nature Connection for Workplace Wellbeing with NatureWell'.

FREE COURSE! Join Wild Gathering CIC for 3 hours, once a week for 3 weeks to experience the health & wellbeing benefits of nature connection for health professionals at work.

Click here for further details:

https://www.surreytraininghub.co.uk/taking-care-of-primary-care-wellbeing-with-naturewell



Bird Cam- Wellbeing offer on your computer!



Surrey County Council's <u>Green Health & Wellbeing Programme</u> would like to offer GP practices access to Bird Cam – a live link to a feeding station at the Farnham Heath Nature Reserve. The live stream is accessed via a link on staff computers and staff are asked to spend 20-30 seconds 3 or 4 times a day watching the live feed. Outcomes for nature connectedness and wellbeing will be evaluated.

"I always watched it when I needed a break between tasks. It was always a peaceful interlude" (CoCo PCN).

To sign up your GP practice, please contact <u>Jane.Soothill@surreycc.gov.uk.</u>

Personalised Care Training - 29th January 2024

Who is the Training for?

This 2-Day Health Coaching course is open to people in personalised care roles in primary care: Social Prescriber Link Workers, Care Co-ordinators, Health and Wellbeing Coaches and Primary Care Mental Health Practitioners. This training will increase your confidence and competence to adopt a health coaching approach and to transform your conversations with people.

Personalised Care Enrolment Form

Learning Disability Training Dates - 2024

Please click here to view dates and to book your place:

https://www.surreytraininghub.co.uk/learning-disabilities



The Financial Impacts of Cancer, Cancer - Long Term Effects of Cancer Series

Explore the possible financial impacts of cancer and what support is available to help.



https://www.eventbrite.co.uk/e/704445544587?aff=oddtdtcreator

Macmillan Cancer Pathway Interface Programme – On Demand Webinar Collection Catch up or rewatch our recent webinars on all things cancer CPD.

<u> Macmillan Cancer Pathway Interface Programme - YouTube</u>

Frailty Awareness Workshops

If you would like to learn more about frailty, how to recognise it and/or support people and/or members of your family who have increasing frailty, this workshop is for you. The workshop covers the competencies in Tier 1 of the NHS Frailty Core Capabilities Framework. The training is delivered virtually using MS Teams and usually takes about an hour plus extra time for questions and discussions.

Who can take part?

All are welcome. It will be of particular interest to staff/volunteers working with people over the age of 65 years and anyone with an interest in frailty including those who are supporting members of their family who have increasing frailty.

Event Dates:

<u>0e8d57ea4b1c</u>

- Frailty Awareness workshop 25th January 2024, 1pm 2.30pm. Link to registration form https://teams.microsoft.com/registration/S50KpDNJ5kO7KQ6NV-pLHA,fkd_QgvaW0OG5Hs38aRUKQ,xzmKazoWvUKtxtCVVlc2Kg,oBxJb2NqVEyB4VY_IEjvGg,nrGVUkUnJomteFp3m2gz-w,I-1XMEDolUeHfCPEUpwGog?mode=read&tenantId=a40a9d4b-4933-43e6-bb29-
- Frailty Awareness workshop 22nd February2024, 2pm 3.30pm. Link to registration form <a href="https://teams.microsoft.com/registration/S50KpDNJ5k07KQ6NV-pLHA.fkd_QgvaWoOG5Hs38aRUKQ,xzmKazoWvUKtxtCVVlc2Kg,1La3ugQSyUWc5172aQ3yFQ,DC82zEKcjEerACtwXbuY4Q,nKPyUhb9Rk2OoZp8WIWRFw?mode=read&tenantId=a40a9d4b-4933-43e6-bb29-0e8d57ea4b1c

If the above links do not work for you using the browser Chrome, please try copying them into a different browser eg. Microsoft Edge.

Frailty Easy-Read – there is now a guide to frailty in Easy-Read format, please read here.



Professional Skills In Practice



Professional Skills In Practice is an online, education programme designed to provide the link between knowledge and practice in a fun, interprofessional learning environment. All sessions are proudly designed and delivered by Surrey Heartlands ICS partners to enrich and fortify our future workforce.

The Professional Skills In Practice programme is open to all Health and Social Care Students and newly qualified staff currently on placement or working within the Surrey Heartlands Integrated Care System. To book a place click on the links below or for more information contact Camilla.ford1@nhs.net

COURAGEOUS CONVERSATIONS in Practice 18th January 9.30am - 4pm

In this newly developed session you will consider challenge and collaboration in practice and learn techniques to help you find your voice and improve the way you work with others.

EMBEDDING INCLUSION in Practice 25th January 9.30am-4pm

Bringing inclusion to life, this session enables you to explore inequalities in health and social care and our own roles in securing a fairer society and workplace. You will learn tools to develop inclusive practice and devise an action plan to improve inclusion within your own workplace/service.

SKILLS FOR SUCCESS in Practice 1st February 9.30am - 4pm

A wide-ranging course covering a range of practical skills including, time management, teamwork, leadership, supervision, and interviewing tips. This session will give you the tools you need to get the most out of your placement/job and be successful in meeting your personal career goals.

RESILIENCE in Practice 8th February 9.30am - 4pm

In this session you will examine the personal and professional challenges presented by the current health and social care environment and learn techniques to build personal and professional resilience. You will also have an opportunity to explore your responses to feedback and develop a personal well-being action plan.

PROFESSIONALISM in Practice 22nd February 9.30am - 4pm

A fun interactive session which enables you to reflect on what constitutes professionalism in the modern health and social care environment, the impacts of professional and unprofessional behaviour and your own professional journey.

<u>LEARNING TO LEARN in Practice 29th February</u> 9.30am - 4pm

Specifically designed for staff new to a role, or setting, this course will give you the opportunity to consider the learning opportunities available to you and how to ensure you can make the most of them building confidence and skills when you need them most.

Funding

Funding available for Continued Professional Development CPD

CPD funding and support (up to £1000) is available for both clinical and non clinical staff working in Primary Care.

<u>Apply Now</u>



Further information on funding

Please refer to the Learning and Development tab from our website:

https://www.surreytraininghub.co.uk/



Funding

GPN Fellowship

We are looking for a new cohort to join our GPN Fellowship, aimed at newly qualified or new to primary care General Practice Nurses.

Click on the link for further information and application.

Deadline: 5 January 2024.

https://www.surreytraininghub.co.uk/fellowships#GPN



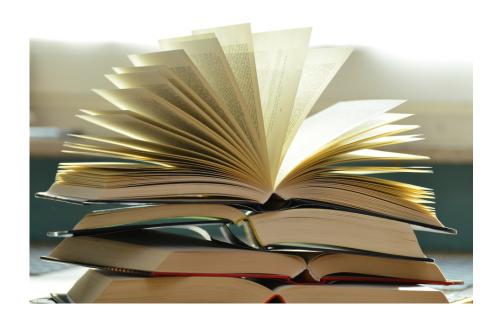
Further Resources

Resources

Your Evidence Librarian

Munch & Learn: bite size training via MS Teams

Library services offer a range of 'Munch & Learns' on topics such as: evidence searching tips, accessing NHS funded e-resources and reflective writing tips. For more information, email Kerry.Seelhoff@nhs.net for the Jan-Apr timetable.



Submitting an article for January 2024

If you wish to submit an article for consideration in the January Training Hub Newsletter, please do so by 10am, on Tuesday the 23rd January to: syheartlandsicb.surreytraininghub@nhs.net

Thank you for reading,

Surrey Training Hub team





Meet the Team

Spotlight on: Samantha Hughes
Surrey Heartlands ICB & Training Hub Lead PA

1. What does your job involve?

My job involves providing education and support about Physician Associates for all relevant stakeholders within Surrey Heartlands. I also act as support for Physician Associates themselves working in Primary Care.

2. How long have you worked in the NHS/Training Hub.

I have worked as a Physician Associate for 11 years now, 8 of those were in Secondary Care. I currently work for a PCN in Surrey Heartlands and have been there for nearly 4 years. My role within the Training Hub has been since May 2023. I also run the KSS Primary Care PA Preceptorship programme.

3. What is your favourite book or song?

My favourite book is The Book Thief by Markus Zusak - if you haven't read it you should!

4. Favourite holiday destination?

My favourite holiday destination is the Maldives or Ibiza! Both great places for family holidays!

5. Dog or cat person?

I'm a dog person!

All monthly newsletters can be found on our website, please click here to view:

https://www.surreytraininghub.co.uk/newsletter-e-bulletins





