## Family Centre Sessions

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| AM |  |  <br> Weigh \& Stay <br> Open to all 9.30-11 <br> (Alternate weeks) <br> ASQ's - Developmental <br> Checks (Alternate weeks) <br> By invitation <br> SeeSaws - Closed group with SABP perinatal team | CHES Health appts 9-12.30 <br> By invitation <br> Understanding Your <br> Baby 10-11.30am <br> Bookable <br> 6 week online course <br> 8th Nov-13th Dec | HV 6 week contacts <br> By invitation <br> Parenting - Bookable <br> 9.30-11.30 | SEES monthly session By invitation <br> Speech \& Language Clinic bookable appointments. |
| PM | Midwife appointments 12.30-4.30 - By invitation | $\begin{aligned} & \text { Play with Me-By } \\ & \text { invitation } \\ & 1 \mathrm{pm}-2.30 \end{aligned}$ | Sensory Space Session <br> Bookable at 1.15pm, 2.15pm \& 3.15pm | Parent drop in - Open to all from 1 until 4pm |  |

## Community Sessions

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Community Sessions | Proud Parents \& Carers of Neuro Diverse Children <br> Support Group <br> 10-11.30am <br> Every 3rd Monday of the month <br> Storytime @ <br> Camberley Library <br> 10.30am every Monday <br> Storytime @ Frimley Green <br> Library <br> 2.15pm every Monday | Home Start Best Start in Life <br> @ High Cross Church <br> Tuesday Tots @ St Martins Church <br> Pebble Rhymetime @ <br> Frimley Green Library <br> 10.30am every Tuesday <br> Toddler Fun @ St Peters <br> Church Frimley 10-11.30am Suitable for 0-4 year olds <br> Toddler Tuesdays @ Surrey Heath Museum 11-12.30am First Tuesday of the month | Toddler Praise @ St Pauls <br> Church <br> 10-11.30am <br> Toddler Group @ High Cross <br> Church <br> 10-11.30am <br> Storytime @ Camberley <br> Library <br> 10.30am | Toddler Group @ St Pauls <br> Church <br> 10.15-11.30am <br> Bumps \& Babies (0- <br> 18mnths) @ St Peters Church <br> 10-11am <br> Pebble Rhyme-time @ <br> Camberley Library <br> 10.30am | Bagshot \& Lightwater <br> Toddlers <br> @ St Anne's Church <br> Pebble Rhyme-time @ <br> Camberley Library <br> 10.30am <br> Baby Group @ High Cross <br> Church <br> 10-11.30am |

