



## Where to access free or low-cost food in Bognor Regis

November 2024

### Bognor Regis Foodbank - Argyle Hall, Argyle Road, Bognor Regis, PO21 1DY

Bognor Foodbank provides food parcels and support to anyone who is facing a financial crisis and has little or no money for basics. Referral needed to access 3 day supply of non-perishable store cupboard items and toiletries. Please call 0808 208 2138 to speak to Citizens Advice about getting a voucher.

[bognorregis.foodbank.org.uk](http://bognorregis.foodbank.org.uk). 10.30am - 2.30pm Tuesdays, 11am - 1pm Thursdays and 10.30am - 2.30pm Fridays

Westergate Foodbank hub - Westergate Methodist Church, Westergate Street, Chichester PO203RH - Fridays 12pm - 2pm [THIS SESSION IS TEMPORARILY PAUSED FROM JULY 2024 - confirm with Food Bank]

### Jeneses Foodbank - Jeneses Community Centre, 45 Lindon Road, Bognor PO21 2AS

Very low cost food open to the public for suggested donations and free to those with a referral. Opening times: Monday - Friday 9am - 2pm

[Facebook.com/jenesescommunitycentre](https://www.facebook.com/jenesescommunitycentre)

### RCCG True Vine Parish - Jeneses Community Centre (address above)

Friday morning breakfast 9am - 10.30am and food parcels as required.

<https://rccgtruevineparish.org.uk/about-us>

### Salvation Army Open House - Bognor Regis Corps Canada Grove, PO21 1QL

Free drinks and hot snacks for £1, connection, community and support. Open Tuesdays 9.30am - 11am, Wednesdays 11am - 1pm [facebook.com/bognorSA](https://www.facebook.com/bognorSA)

### Family Support Work - term-time support for local families across various locations

- Coffee Morning & Food Hub - Tuesdays 9- 10.30am at St Wilfrid's Church, Ellasdale Road, PO21 25G (£1 donation)
- After School Family Session - Thursdays 3-5pm at St Wilfrid's Church (£1 donation)
- Coffee, chat, cake & craft - Friday 9am - 11am at Salvation Army (address above)
- Food hub - Friday 11.30am - 12.30am at Beehive, 31 William Street, PO21 1DL

For more information email [Jacqui@familysupportwork.org.uk](mailto:Jacqui@familysupportwork.org.uk)



hello@arunchifood.org.uk

07435 808 549

arunchifood.org.uk

UK Harvest Community Food Hub - Bognor Regis Youth & Community Centre, Westloats Lane, PO21 5JZ

Monthly: 1st Wed of each month, 10am - 11am (or until food runs out)

Suggested donation: £3.50 for a bag of food (no one will be turned away)

[www.ukharvest.org.uk/education/pop-up-pantry](http://www.ukharvest.org.uk/education/pop-up-pantry)

For information about recycling and reducing food waste visit

[westsussex.gov.uk/recycling](http://westsussex.gov.uk/recycling)

Stonepillow - Glenlogie House (basement), Clarence Road, Bognor Regis PO21 1JT

This is a service for people who are rough sleeping or homeless. They provide breakfast, lunch, hot drinks, showers, clothing and laundry as well as advice on housing options, benefits, mental health and substance misuse.

Opening Times: Monday, Wednesday and Friday - 9am-1pm. If you require support on any other day, then please contact Bognor Hostel on 01243 214 058.

[stonepillow.org.uk/projects/stonepillow-bognor-regis-hub](http://stonepillow.org.uk/projects/stonepillow-bognor-regis-hub)

West Sussex Community Hub - urgent helpline 033 022 27980

If you have an urgent need, for example you are going to run out of food, medicine or essential supplies within the next three days, please phone 033 022 27980 to get the help you need as quickly as possible.

## **Do you need other support?**

Grandad's Front Room - 2-4 High St, Bognor Regis PO21 1SS

Community support shop, usual open hours 10am - 4.30pm Weds - Sat

[grandadsfrontroom.org.uk](http://grandadsfrontroom.org.uk)

Citizens Advice Arun and Chichester

If you need a Foodbank Voucher call the Citizens Advice Help Through Hardship helpline free on 0808 208 2138 (Monday to Friday 9am-5pm).

You can check that you are receiving the right benefits, get help with energy, debts and more from Citizens Advice. - Bognor Regis Advice Centre: 10a The Arcade, Bognor Regis, West Sussex, PO21 1LH Open Monday-Thursday 10am-4.30pm (Drop-in 10am-1pm)

Call the FREE Adviceline telephone number 0808 278 7969 Mon to Fri 10am - 4:30pm. If you need energy advice, including assistance with paying your bills, you can call the energy line on 01243 974063 (Monday to Friday 10am-4pm, local rates apply).

If you need help finding out if you're entitled to benefits or claiming Universal Credit, call the Help to Claim team on 0800 144 8 444 (Monday-Friday, 8am-6pm)