



SHA PALLIATIVE CARE PROGRAMME

The SHA Palliative Care Programme begins by taking a holistic approach to each individual's needs. Our aim is to cater to both their medical and non-medical needs, which can involve any of the following professionals:

Treating Health Professional

The Treating Health Professional, normally a General Practitioner, will be the central point of an individual's palliative care. The GP will work with specialist doctors and other allied health professionals to keep the patient feeling comfortable and continue to experience the best quality of life possible.

Registered Nurses

We will liaise with a Registered Nurse who will give ongoing treatment, if this is required, to ensure that each individual remains comfortable during their palliative care journey. Treatments can be provided in a healthcare setting, such as a hospital, or in the comfort of a home through the help of community nurses and home care providers.

SHA Care Services will visit as much as an individual needs, and wants, to ensure that their daily living is made easier through personal care and companionship. This care can last from a few hours to an around-the-clock team depending on the amount of care that is required.

Religious Groups

SHA Care Services recognise that those who are religious or spiritual, religious groups can also be part of the palliative care team. Support will be available to help individuals attend services. Visits can also be organised by a faith leader to assist with the practice of faith at home as well as offer emotional and spiritual support to them and their families.

Charities or Support Groups

SHA Care Services will have a full list of organisations who help direct individuals and their families to additional specialist support services, and people who understand or have experienced a similar situation.

Social Workers

SHA Care Services will liaise with social workers as a source of practical help as well as a guide towards sourcing key services including financial and family support.