

THE COACHING PLEDGE

MY MISSION

I exist to increase Gross Human Contentment – because I believe that true contentment is the ultimate human pursuit and that when individuals are grounded, fulfilled, and purpose-driven, they elevate not only their own lives, but the world around them.

I PROMISE TO:

Use my 6C's Methodology to upgrade the quality of your thinking to help you build a life that performs and a self that's content, and make success feel like success.

YOU PROMISE TO:

Want to really know yourself. Stop fucking yourself up. Learn to love yourself. Aspire to be better. Set aspirational goals. Keep execution simple. Hold yourself to account.



Agreed to by both parties on this day under the oath of a firm handshake.

Date

Signed.....

Signed.....

TERMS & CONDITIONS

CONSULTATIONS

- All in-person coaching consultation sessions are to be paid for 48 hours prior to the start time and are non-refundable. No-shows are not refunded.
- With a minimum of 48 hours notice, I can reschedule a coaching consultation session at no additional charge.
- All communications, whether of a coaching or a commercial nature, are considered confidential.

COACHING PROGRAMMES

- Payment is taken in full prior to programme start date (unless otherwise stated in writing).
- Refunds must be requested in person or over the phone.
- Refunds requested prior to programme start date are issued in full less a 10% administration fee.
- Refunds requested after programme start date are issued in full less a fee for services rendered.
- Attendance in person is expected for a minimum of 50% of sessions (unless otherwise agreed).
- 48 hours notice to given when cancelling or rescheduling a session, or requesting to switch from in-person to online, or vice versa. Notice within 48 hours of the session start time will incur a 'strike'.
- When rescheduling, session availability cannot be guaranteed within 7 days of original booking.
- 3 strike rule - A third alteration within 48 hours of session start will incur a penalty.
- Additional coaching sessions can be requested within the programme time-frame at a premium.
- Contacts hours are 0900 - 1700, Monday to Friday (unless otherwise agreed).
- All communications, whether of a coaching or a commercial nature, are considered confidential.

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