



## PATIENT HAND BLOCKS

- Designed to help with positioning in bed. As your hands sink into the mattress, it may not be easy to lift your buttocks high enough to move yourself up the bed. The Hand Blocks 'lengthen' the arms which allows easier movement.
- If you can support your upper body weight, can lean forward a little and can push with your arms, you can use the Hand Blocks to move yourself in the bed. Even if you cannot do the move unaided, you can use the Hand Blocks to help your carer to move you. This reduces the workload for the carer and promotes the user's self esteem and confidence. Clients who have lower body disabilities but who have upper body strength will find them of particular help.
- The Hand Blocks are made from high grade polymer combining high strength, rigidity, heat resistance and durability. They can be wiped clean.
- The blocks are light in weight and the hand grip is broad and comfortable. The large base has four non-slip pads.
- Sold in pairs. They can be used as a pair or singly.
- Base Length: 22 cm. (8 ½")
- Base Width: 11 cm. (4 ½")
- Height: 10.5 cm. (4")
- Weight: 260 gm. (8 oz.)
- Maximum User Weight: 126 Kg. (20 stone)

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