

## PATIENT TRANSFER BOARDS

Patient Transfer Boards are made from Birch plywood, lacquered to provide a smooth glide finish. They come in a straight or curved format, and enable a patient to move themselves across from one level surface to another eg. from bed to chair, wheelchair or a commode.

The tapered ends allow the board to be placed underneath the patient.

The straight board is convenient when space is limited and the curved board enables angled transfers.

- Check that each surface that the board will rest on is level and fixed, ie. check brakes on beds and wheelchairs are operational.
- Ensure that there is at least 10 cm. overlap of the board on each transfer surface and that the patient has good balance when sitting. Place the tapered edge of the board face upwards to make it easier for the patient to slide onto the board.

The patient should be encouraged to slide/shuffle along the board using arms and legs to lift the buttocks clear of the board surface. Never slide uncovered skin along the board as this could cause friction burns. A Slide Sheet or similar can be used to ease the transfer. Avoid trapping fingers or skin under the board ends.

The Boards can be cleaned by wiping with detergent, rinsing and drying. Do not use harsh chemicals. Do not autoclave or irradiate the Transfer Board.

## **SHORT TRANSFER BOARD:**

Length: 61 cm. (24") Width: 21 cm. (8 ¼ " ) Weight: 1.2 Kg. (2 ½ lb.)

## **CURVED TRANSFER BOARD:**

Length: 72 cm. (28 ¼ ") Width: 25 cm. (10") Weight: 1.5 Kg. (3 ¼ lb)

MAXIMUM USER WEIGHT: all boards 120 Kg. (19 stone) CAUTION should be used with all moving and handling tasks.





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